

After School Snack Program February 2019

4
Mozzarella
Cheese Stick
Animal Crackers

Cup of Water

5
Hard Boiled Egg
½ Cup Diced
Peach Cup

1% White Milk

6
Fresh Banana
Elf Grahams

6 oz. 100% Apple
Juice

7
Raspberry Yogurt

Chocolate Milk

8
Goldfish
Crackers

6 oz. 100% Fruit
Punch Juice

11
Fruit Parfait Cup
Elf Grahams

Cup of Water

12
Blueberry Muffin

1% White Milk

13
¾ Cup Fresh
Broccoli
w/ Ranch
Mozz. Cheese
Stick

Cup of Water

14
½ Cup Cinnamon
Applesauce Cup
Hard Boiled Egg

Chocolate Milk

15
**Institute
Day No
School**

More info...

If you have any questions,
complaints or just things you
want the food service
department to know, please
email: lee-natalie@aramark.com

Thanks!!!

18
**Presidents'
Day
NO
School**

19
½ Cup
Strawberry
Applesauce
Animal Crackers

1% White Milk

20
Fresh Green
Apple
Cheddar Cheese
Stick

Cup of Water

21
¾ Cup Cherry
Tomatoes
Ranch Packet

Chocolate Milk

22
Banana Chocolate
Breakfast Bar

6 oz. 100% Fruit
Punch Juice

25
Bagel w/ Jelly
Cheddar Cheese
Stick

Cup of Water

26
Oatmeal
Chocolate
Breakfast Bar

1% White Milk

27
Strawberry
Banana Yogurt
Elf Grahams

Cup of Water

28
Apple Cinnamon
Muffin

Chocolate Milk

For additional Nutritional Education
Materials, please visit
www.usd116.org, click on 'Food
Menus' under the Quick Links on
the right side of the homepage.
Here you will find the new
Nutritional Education Section! If you
have any questions, please call
Aramark at 217-384-3694!

PARENTS: Remember to complete your Free & Reduced **FEE WAIVER**
Application for the 2018-2019 School Year. Talk to your student's school
office to see if you have been directly certified through the state or if you
need to apply this school year!

VERY IMPORTANT FOR YOUR STUDENT!!!



This institution is an equal opportunity provider.