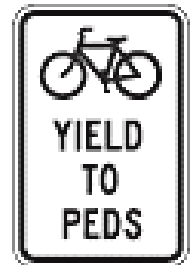


Bicycle Safety Tips

- 🚲 Always wear a correctly fitted bicycle helmet, no matter how short or long the ride. It should be snug and level on the head.
- 🚲 Find a safe place to ride — younger children (especially under age 10) should ride on the sidewalk or pathway.
- 🚲 Follow the rules of the road when riding your bike in the street.
- 🚲 Stay on the right side when riding your bike in the street, in a straight, single-file line, in the same direction as auto traffic.
- 🚲 Use appropriate hand signals when riding in the street.
- 🚲 Obey all signs and traffic lights.
- 🚲 Stay off busy streets.
- 🚲 When crossing the street, look left, then right, then left again, making eye contact with drivers.
- 🚲 If you approach a busy street, get off your bike when you get to the curb, look left, right, and left again, make eye contact with drivers, and walk your bike across the street.
- 🚲 Always watch for vehicles when crossing driveways or alleys.
- 🚲 Never carry riders on your bike.
- 🚲 Never ride between cars.
- 🚲 Give pedestrians the right-of-way.
- 🚲 Stay alert for unexpected obstacles.
- 🚲 Make sure your bike has a white headlight and rear red reflector if you are riding in the street at night, as it is an Illinois state law.
- 🚲 Always make sure your bike is in good repair.
- 🚲 Make sure you have no clothing or laces hanging down that can catch in the spokes.
- 🚲 Wear bright-colored and/or reflective clothing to increase your visibility.



Sign images source:
Manual on Uniform
Traffic Control Devices

Sources:

American Academy of Pediatrics: <http://www.aap.org/advocacy/releases/augschool.cfm>

Champaign-Urbana Safe Routes to School Project: <http://www.cu-srtsproject.com>

Illinois Secretary of State: http://www.cyberdriveillinois.com/publications/pdf_publications/dsd_a170.pdf