

Urbana Middle School Lunch

April 2018

More info...

April Fuel Special:
Week of April 9th
Spicy Southern Chicken

Week of April 16th
Cheese Fry Chicken Sub

*-Pork Product
**-Chicken Product

If you are a Vegetarian and would like a special salad Entree (with no meat) please ask at breakfast and we will prepare it for your lunch!!



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- 1) Country Fried Steak w/BS
- 2) Popcorn Chicken w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

3

- 1) Beef Fiestada
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Bagel, CC & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Seasoned Baby Peas, Fresh Cucumber Slices, Fresh Orange Wedges, Applesauce Cups

4

- 1) Chicken Tenders w/BS
- 2) BBQ Rib* on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Cheesy Wrap (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Baked Beans, Fresh Red Pepper Strips, Fresh Green Apple, Diced Peaches

5

- 1) Chicken Penne w/ Alfredo
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Brussels Sprouts, Fresh Cauliflower, Fresh Banana, 100% Apple Juice

6

- 1) Spicy Chicken Patty
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Turkey & Cheese Sandwich
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Steamed Spinach, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

9

Fuel Special

- 1) Pancakes w/Sausage
- 2) Corn Dog on a Stick
- 3) Sun Butter & Jelly (V)
- 4) Ham** Chef Salad w/ BS
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Tater Tots, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

10

Fuel Special

- 1) Country Popcorn Chicken Bowl
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Green Beans, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

11

Fuel Special

- 1) Meatball Sub on a Bun
- 2) Cheese Quesadilla (V)
- 3) Sun Butter & Jelly (V)
- 4) Ham** & Cheese Sandwich
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Apricot Halves

12

Fuel Special

- 1) Macaroni & Cheese (V)
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt and Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Baked Beans, Fresh Celery Sticks, Fresh Banana, Diced Pears

13

Fuel Special

- 1) Bacon* Cheeseburger
- 2) Fish Sticks w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Steamed Spinach, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

16

Fuel Special

- 1) BBQ Rib* on a Bun
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

17

Fuel Special

- 1) Rotini w/Meat Sauce
- 2) Popcorn Chicken w/ BS
- 3) Sun Butter & Jelly (V)
- 4) Ranch Chicken** Salad w/ BS
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

18

Fuel Special

- 1) Cheesy Bacon* Baked Potato w/BS
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

19

Fuel Special

- 1) Nachos** w/ Tortilla Scoops
- 2) Chicken Nuggets w/ BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt and Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Refried Beans, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

20

Fuel Special

- 1) Spicy Chicken Patty
- 2) Cheeseburger
- 3) Sun Butter & Jelly (V)
- 4) Turkey & Cheese Sandwich
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Steamed Spinach, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

23

- 1) Salisbury Steak & Gravy w/ BS
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Cheesy Wrap (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

24

- 1) Sloppy Joe Melt
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Bagel, CC & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables

Steamed Carrots, Fresh Red Pepper Strips, Fresh Orange Wedges, Applesauce Cups

25

- 1) Hot Ham** & Cheese on Bun
- 2) Beef Fiestada
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Seasoned Baby Peas, Fresh Broccoli, Fresh Green Apple, Diced Peaches

26

National Pretzel Day

- 1) Cheesy Penne w/ Pretzel Rod(V)
- 2) Chicken Nuggets w/ Pretzel Rod
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza*

Fruits & Vegetables Harvest of the Month: Cucumber Slices

Baked Beans, Fresh Banana, Mixed Fruit Cup

27

Spring Fling BBQ

- 1) BBQ Rib* Sandwich w/ Coleslaw
- 2) Chicken Tenders w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) BBQ Chicken** Pizza

Fruits & Vegetables

Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Pineapple Cup

30

- 1) Pizza Sticks w/ Marinara (V)
- 2) Cheeseburger
- 3) Sun Butter & Jelly (V)
- 4) Ham** Chef Salad w/ BS
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza**

Fruits & Vegetables

Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

For additional Nutritional Education Materials, please visit www.usd116.org, click on 'Food Menus' under the Quick Links on the right side of the homepage. Here you will find the new Nutritional Education Section! If you have any questions, please call Aramark at 217-384-3694!

National Pretzel Day will be celebrated April 26th.

Fun Fact about Pretzels: The largest pretzel on record is 26.8 feet long and weighed over 840 pounds.