




# December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 1) Cheese & Ham Breakfast Roll 2) Bagel & Cream Cheese 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>4</b> 1) Make-Your-Own Fruit Parfait 2) Grape Filled Crescent 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>5</b> 1) Cheesy Scrambled Eggs & Toast 2) Sausage, Egg and Cheese Slider 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>6</b> 1) Cinnamon Sugar Donut 2) Cinnamon Rush French Toast 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>7</b> 1) Waffles w/Syrup 2) Mini Cinni's 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick
<b>10</b> 1) Egg & Cheese Bagel 2) Mini Blueberry Waffles 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>11</b> 1) Pancakes w/ Syrup 2) Bacon & Egg Muffin 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>12</b> 1) Biscuit & Sausage Gravy 2) Egg & Cheese Sandwich 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>13</b> 1) Powdered Sugar Donut 2) Mini Cinnamon Bagels 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>14</b> 1) Bagel & Cream Cheese 2) Chocolate Filled Crescents 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick
<b>17</b> 1) Tony's Breakfast Pizza 2) Cinnamon Rush French Toast 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>18</b> 1) Sausage & Cheese Muffin 2) Pancake on a Stick 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>19</b> 1) Make-Your-Own Fruit Parfait 2) Chicken Biscuit 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>20</b> 1) Glazed Donut 2) Mini Maple Pancakes 3) Assorted Breakfast Bars 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick	<b>21</b> Winter Break!!!
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> 	<b>28</b>
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>For additional Nutritional Education Materials, please visit <a href="http://www.usd116.org">www.usd116.org</a>, click on 'Food Menus' under the Quick Links on the right side of the homepage. Here you will find the new Nutritional Education Section! If you have any questions, please call Aramark at 217-384-3694!</p> </div>				

Special News...

**Happy Holidays!**

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