

# 2017-2018 Urbana High School Breakfast Menu

5 week cycle menu

- A**
- 1) French Toast Sticks
  - 2) Mini Maple Waffles
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- A**
- 1) Pancake on a Stick\*\*
  - 2) Sausage\*\* & Cheese Muffin
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- A**
- 1) Cheese Omelet, Toast & Hashbrown
  - 2) Blueberry Pancakes
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- A**
- 1) Glazed Donut
  - 2) Chicken Biscuit
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- A**
- 1) Breakfast Pizza\*
  - 2) Cherry Frudel
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- B**
- 1) Biscuits & Gravy\*
  - 2) Mini Cinnamon Bagels
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- B**
- 1) Warm Cinnamon Roll
  - 2) Cinnamon Pancakes
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- B**
- 1) Pancakes w/Syrup
  - 2) Egg & Cheese Biscuit
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- B**
- 1) Cheesy Scrambled Eggs, Toast & Hashbrown
  - 2) Mini Cinni's
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- B**
- 1) Powdered Sugar Donut
  - 2) Blueberry Waffles
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

## More info...

**Offered Daily at Breakfast**  
Fresh Fruit & 100% Juice FF  
Chocolate Milk &  
1% White Milk

### Notes

\*=Pork Product  
\*\*Chicken Product

- C**
- 1) Sausage\*\* & Cheese Muffin
  - 2) Mini Strawberry Bagels
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- C**
- 1) Ham\*\* & Cheese Tort Roll
  - 2) Cinnamon Rush French Toast
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- C**
- 1) Waffles w/Syrup
  - 2) Pancake on a Stick\*\*
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- C**
- 1) Chocolate Glazed Donut
  - 2) Blueberry Pancakes
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- C**
- 1) Chicken & Waffles
  - 2) Apple Frudel
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

## More info...

If you are a Vegetarian and would like a special salad Entree (with no meat) please ask at breakfast and we will prepare it for your lunch!!

- D**
- 1) French Toast Sticks
  - 2) Mini Cinni's
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- D**
- 1) Bacon\* & Cheese Quesadilla
  - 2) Mini Maple Pancakes
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- D**
- 1) Glazed Donut
  - 2) Blueberry Waffles
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- D**
- 1) Breakfast Pizza\*
  - 2) Bagel & Cream Cheese
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- D**
- 1) Warm Cinnamon Roll
  - 2) Pancake on a Stick
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- E**
- 1) Ham\*\* & Cheese Quesadilla
  - 2) Mini Strawberry Bagels
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- E**
- 1) Cinnamon Sugar Donut
  - 2) Mini Maple Waffles
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- E**
- 1) Egg & Cheese Biscuit
  - 2) Pancake on a Stick\*\*
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- E**
- 1) Cheesy Scrambled Eggs, Toast & Hashbrown
  - 2) Triple Berry French Toast
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick

- E**
- 1) Ham\*\* & Cheese Muffin
  - 2) Cinnamon Rush French Toast
  - 3) Assorted Breakfast Bar Flavors
  - 4) Assorted Muffins w/ Cinnamon Toast or Cheese Stick
  - 5) Assorted Cereal w/ Cinnamon Toast or Cheese Stick



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