

Urbana Early Childhood Snack Program

January 2019

7 Blueberry Muffin 100% Orange Juice	8 ½ Cup Peach Cup 1% White Milk	9 ½ Cup Broccoli w/ Ranch 100% Fruit Punch Juice	10 ½ Cup Cinnamon Applesauce Cup 1% White Milk	11 Cheez-It's 100% Grape Juice
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14 Pretzel Goldfish Crackers 100% Apple Juice	15 Rice Chex Cereal 1% White Milk	16 Fresh Green Apple Cheddar Cheese Stick 100% Orange Juice	17 Raspberry Yogurt 1% White Milk	18 ½ Cup Fresh Grape Tomatoes 100% Fruit Punch Juice
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21 <u>NO School</u> <u>MLK Day</u>	22 <u>NO School</u>	23 Apple Cinnamon Muffin 100% Orange Juice	24 ½ Cup Strawberry Cup 1% White Milk	25 Strawberry Banana Yogurt 100% Fruit Punch Juice
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28 Cheddar Cheese Stick 100% Grape Juice	29 Fresh Red Apple 1% White Milk	30 ½ Cup Baby Carrots w/ Ranch 100% Apple Juice	31 Rice Chex Cereal 1% White Milk	
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PARENTS: Remember to complete your Free & Reduced **FEE WAIVER** Application for the 2018-2019 School Year. Talk to your student's school office to see if you have been directly certified through the state or if you need to apply this school year!

VERY IMPORTANT FOR YOUR STUDENT!!!

More info...

If you have any questions, complaints or just things you want the food service department to know, please email: lee-natalie@aramark.com

Thanks!!!

For additional Nutritional Education Materials, please visit www.usd116.org, click on 'Food Menus' under the Quick Links on the right side of the homepage. Here you will find the new Nutritional Education Section! If you have any questions, please call Aramark at 217-384-3694!



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