



Urbana Elementary School Menu

April 2018

BREAKFAST

Breakfast will be served in all classrooms this year from 8:10-8:25!

BREAKFAST & LUNCH

Fat Free Chocolate Milk & 1% White Milk

April 26th – National Pretzel Day

April 18th -Celebrate April Birthdays with a Whole Grain Rice Krispy Treat!

Harvest of the Month for April is Cucumber Slices! Check the website for Fun Facts & Info!

BS = Bread Slice
V=Vegetarian Menu Item
*=PORK PRODUCT
**=CHICKEN PRODUCT

2 Mini Maple Pancakes

- 1) Country Fried Steak w/BS
- 2) Popcorn Chicken w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)

Fruits & Vegetables
Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

3 French Toast Breakfast Bar

- 1) Beef Fiestada
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Bagel, CC & Cheese Plate (V)

Fruits & Vegetables
Seasoned Baby Peas, Fresh Cucumber Slices, Fresh Orange Wedges, Applesauce Cups

4 Bagel w/ Cream Cheese

- 1) Chicken Tenders w/BS
- 2) BBQ Rib* on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Cheesy Wrap (V)

Fruits & Vegetables
Baked Beans, Fresh Red Pepper Strips, Fresh Green Apple, Diced Peaches

5 Pancake on a Stick

- 1) Chicken Penne w/ Alfredo
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V)

Fruits & Vegetables
Brussels Sprouts, Fresh Cauliflower, Fresh Banana, 100% Apple Juice

6 Mini Strawberry Bagels

- 1) Cheese Pizza (V)
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Turkey & Cheese Sandwich

Fruits & Vegetables
Steamed Spinach, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

9 Oatmeal Chocolate Breakfast Bar

- 1) Pancakes w/Sausage**
- 2) Corn Dog on a Stick
- 3) Sun Butter & Jelly (V)
- 4) Ham** Chef Salad w/ BS

Fruits & Vegetables
Tater Tots, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

10 Raspberry Yogurt w/ Crackers

- 1) Cheese Pizza
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)

Fruits & Vegetables
Green Beans, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

11 Triple Berry French Toast

- 1) Meatball Sub on a Bun
- 2) Cheese Quesadilla (V)
- 3) Sun Butter & Jelly (V)
- 4) Ham** & Cheese Sandwich

Fruits & Vegetables
Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Apricot Halves

12 Blueberry Muffin w/String Cheese

- 1) Macaroni & Cheese (V)
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V))

Fruits & Vegetables
Baked Beans, Fresh Celery Sticks, Fresh Banana, Diced Pears

13 Mini Maple Waffles

- 1) Pepperoni Pizza*
- 2) Fish Sticks w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)

Fruits & Vegetables
Steamed Spinach, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

16 Banana Chocolate Breakfast Bar

- 1) BBQ Rib* on a Bun
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)

Fruits & Vegetables
Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

17 Pancake on a Stick

- 1) Rotini w/Meat Sauce
- 2) Pepperoni Pizza*
- 3) Sun Butter & Jelly (V)
- 4) Ranch Chicken** Salad w/ BS

Fruits & Vegetables
Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

18 Mini Cinnamon Bagels

HAPPY BIRTHDAY STUDENTS

- 1) Cheesy Bacon* Baked Potato w/BS
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)

Fruits & Vegetables
Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

19 Cherry Frudel

- 1) Nachos** w/ Tortilla Scoops
- 2) Chicken Nuggets w/ BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel Yogurt and Cheese Plate (V)

Fruits & Vegetables
Refried Beans, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

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23 Strawberry Banana Yogurt w/ Crackers

- 1) Salisbury Steak & Gravy w/ BS
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Cheesy Wrap (V)

Fruits & Vegetables
Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

24 Apple Blueberry Breakfast Bar

- 1) Sloppy Joe Melt
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Bagel, CC & Cheese Plate (V)

Fruits & Vegetables
Steamed Carrots, Fresh Red Pepper Strips, Fresh Orange Wedges, Applesauce Cups

25 Mini Cinni's

- 1) Hot Ham** & Cheese on Bun
- 2) Beef Fiestada
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)

Fruits & Vegetables
Seasoned Baby Peas, Fresh Broccoli, Fresh Green Apple, Diced Peaches

26 Blueberry Waffles National Pretzel Day

- 1) Cheesy Penne w/ Pretzel Rod (V)
- 2) Chicken Nuggets w/ Pretzel Rod
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V)

Fruits & Vegetables
Harvest of the Month: Cucumber Slices
Baked Beans, Fresh Banana, Mixed Fruit Cup

27 Chocolate Muffin w/ String Cheese

- 1) Pepperoni Pizza*
- 2) Chicken Tenders w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)

Fruits & Vegetables
Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Pineapple Cup

30 Cinnamon Rush French Toast

- 1) Pizza Sticks w/ Marinara (V)
- 2) Cheeseburger
- 3) Sun Butter & Jelly (V)
- 4) Ham** Chef Salad w/ BS

Fruits & Vegetables
Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

For additional Nutritional Education Materials, please visit www.usd116.org, click on 'Food Menus' under the Quick Links on the right side of the homepage. Here you will find the new Nutritional Education Section! If you have any questions, please call Aramark at 217-384-3694!

National Pretzel Day will be celebrated April 26th.
Fun Fact about Pretzels: The largest pretzel on record is 26.8 feet long and weighed over 840 pounds.



This institution is an equal opportunity provider.