

After School Snack Program January 2018

Happy New Year!

1

2

3
Strawberry
Banana Yogurt

6 oz. 100%
Orange Juice

4
Apple Cinnamon
Muffin

Chocolate Milk

5
Fresh Orange
Wedges
Cheese Stick

Cup of Water

8
Banana Muffin

6 oz. 100% Fruit
Punch Juice

9
Cheerios

1% White Milk

10
Fresh Baby
Carrots w/ Ranch
Animal Crackers

Cup of Water

11
Fresh Red Apple

Chocolate Milk

12
Heartzel Pretzels

6 oz. 100%
Orange Juice

More info...

If you have any questions, complaints or just things you want the food service department to know, please email: kperkins@usd116.org

Thanks!!!

15
Martin Luther
King, Jr's
Birthday

16
No School

17
Mozzarella
Cheese Stick
Saltine Crackers

6 oz. 100% Fruit
Punch Juice

18
Strawberry
Danimal Yogurt

(2) 4oz. 100%
Grape Juice

19
Goldfish
Crackers

6 oz. 100% Apple
Juice

For additional Nutritional Education Materials, please visit www.usd116.org, click on 'Food Menus' under the Quick Links on the right side of the homepage. Here you will find the new Nutritional Education Section! If you have any questions, please call Aramark at 217-384-3694!

22
Blueberry Muffin

6 oz. 100%
Orange Juice

23
Lucky Charms

1% White Milk

24
Fresh Broccoli
w/ Ranch
Cheese Stick

Cup of water

25
Applesauce Cup

Chocolate Milk

26
Cheez-It's

6 oz. 100% Fruit
Punch Juice

29
Pretzel Goldfish
Crackers

6 oz. 100% Apple
Juice

30
Fresh Green
Apple
Cheese Stick

6 oz. 100%
Orange Juice

31
Trix Cereal

1% White Milk

PARENTS: Remember to complete your Free & Reduced **FEE WAVIER** Application for the 2017-2018 School Year. Talk to your student's school office to see if you have been directly certified through the state or if you need to apply this school year!

VERY IMPORTANT FOR YOUR STUDENT!!!



This institution is an equal opportunity provider.