

Elementary/MS Breakfast Items

	Carbs (g)
Animal Crackers	21
Apple Blueberry Breakfast Bar	48
Apple Cinnamon Muffin Loaf	29
Apple Frudel	36
Apple Cinnamon Muffin	30
Bagel	29
Banana Chocoalte Breakfast Bar	48
Banana Muffin	31
Biscuits & Gravy	36.38
Blueberry Muffin	31
Blueberry Muffin Loaf	29
Blueberry Waffles	37
Breakfast Pizza	26
Cereal, Cheerios	20
Cereal, Cinnamon Toast Crunch	22
Cereal, Cocoa Puffs	25
Cereal, Fruity Cheerios	25
Cereal, Lucky Charms	23
Cereal, Trix	24
Cheddar String Cheese	0
Cheesy Ham, Egg & Potato Bite Taco	20.61
Cheesy Scrambled Eggs & Toast	40.22
Chicken Biscuit	28
Chocolate Crescent	37
Chocolate Muffin Loaf	29
Cinnamon Rush Mini French Toast	37
Cream Cheese	1
Donut - Cinnamon Sugar	37.3
Donut - Glazed	44.14
Donut - Glazed Chocolate	43.15
Donut - Powdered Sugar	34.71
Egg & Cheese Muffin	24.5
Egg & Cheese Bagel	21.5
Egg & Cheese Biscuit	29
Egg & Cheese Fundles	22
Egg & Cheese Sandwich	19
Egg, Cheese & Turkey Slider	22
French Toast Breakfast Bar	47
Fruit: Apple, Green Whole (125 ct)	18.24
Fruit: Apple, Red Whole (138 ct)	16.52
Fruit: Banana, Whole (100-120 ct)	24.11

Fruit: Orange, Whole (138 ct)	11.74
Grahams, Elf Original	21
Grape Crescent	35
Hard Boiled Egg	1
Huevos Rancheros Burrito	22.15
Juice, 100% Apple Juice 4oz	14
Juice, 100% Fruit Punch 4oz	14
Juice, 100% Grape Juice 4oz	18
Juice, 100% Orange Juice 4oz	12
Milk, Chocolate Skim	20
Milk, Strawberry	22
Milk, White 1%	11
Mini Cinnamon Bagels	41
Mini Cinni's	40
Mini Maple Waffles	38
Mini Strawberry Bagels	41
Mini Strawberry Pancakes	40
Mozz. String Cheese	1
Oatmeal Chocoalte Breakfast Bar	47
Omelet, Taters & Toast	40.14
Pancake & Sausage on a Stick	17
Pancakes	27.33
Parfait - Blueberry	27.13
Parfait - Pineapple	31.87
Parfait - Strawberry	26.34
Raspberry Yogurt	15
Sausage & Cheese Biscuit	15.50
Sausage & Cheese Muffin	24.5
Strawberry Banana Yogurt	15
Syrup	29
Toast, Cinnamon	18.94
Triple Berry French Toast	37
Turkey Sausage Sandwich	18
Waffles	28

Elem/MS Lunch

Entrees			Condiments	
Bacon Cheeseburger	29.66		BBQ Bulk - 1 Tablespoon	9.00
Bagel, Cream Cheese & Cheese Plate	12.00		BBQ Sauce Packet	4.00
BBQ Rib on a Bun	44.01		French Bulk - 1 Tablespoon	4.50
Beef Fiestada	39.00		French Packet	3.00
Beef Soft Tacos	32.91		Ketchup Bulk - 1 Tablespoon	4.89
Bread 1 Slice	15.00		Ketchup Packet	3.00
Bread 2 Slices	30.00		Margarine Packet	0.00
Breaded Chicken Sandwich	39.00		Mayo Packet	1.00
Cheese Quesadilla	50.00		Mustard Bulk - 1 Tablespoon	0.93
Cheeseburger	29.50		Mustard Packet	1.00
Cheesy Bacon Baked Potato	35.23		Ranch Bulk - 1 Tablespoon	0.50
Cheesy Baked Penne	53.61		Ranch Packet	1.00
Chicken Nuggets	12.50		Syrup Packet	29.00
Chicken Tenders	13.00		Taco Sauce Packet	1.00
Chili w/ Crackers	25.34		Tarter Sauce Packet	2.00
Corn Dog	30.00			
Country Fried Steak w/ Gravy	24.83		Vegetables	
Egg, Cheese & Goldfish Pack	21.07		Baby Carrots - 1/2 Cup	5.84
Fish Sticks	10.00		Cauliflower - 3/4 Cup	3.70
Hamburger	29.00		Celery Sticks - 3/4 Cup	2.89
Hot Dog on a Bun	29.00		Corn - 1/2 Cup	15.80
Hot Ham & Cheese on a Bun	30.50		Corn - 3/4 Cup	23.70
Macaroni & Cheese	49.80		Cucumber Slices - 1/2 Cup	2.62
Meatball Sub on a Bun	34.10		French Fries - 1/2 Cup	17.33
Muffin, Yogurt & Cheese Plate	47.00		Fresh Broccoli - 1/2 Cup	2.12
Muffin, Yogurt & Cheese Plate (Urbana)	45.00		Fresh Broccoli - 3/4 Cup	3.18
Nacho Cheese Walking Taco	31.07		Fresh Cauliflower 1/2 Cup	2.47
Orange Chicken w/ Rice	107.20		Fresh Celery Sticks - 1/2 Cup	1.84
Pancakes w/ Sausage (Elementary)	28.33		Grape Tomatoes - 1/2 Cup	3.35
Pancakes w/ Sausage (Middle School)	29.33		Grape Tomatoes - 3/4 Cup	5.03
Pizza - Cheese (Elementary)	37.00		Green Beans - 1/2 Cup	4.49
Pizza - Cheese (Junior High)	30.88		Green Beans - 3/4 Cup	6.74
Pizza - Pepperoni (Elementary)	36.00		Mashed Potatoes - 1/2 Cup	15.30
Pizza - Pepperoni (Junior High)	31.13		Mashed Potatoes - 3/4 Cup	22.95
Pizza - Sausage (Middle School)	31.11		Peas - 3/4 Cup	24.06
Pizza Sticks w/ Marinara	34.99		Red Pepper Strips - 1/2 Cup	3.03
Popcorn Chicken	15.23		Red Pepper Strips - 3/4 Cup	4.54

Pretzel, Yogurt & Cheese Plate	46.00		Refried Beans - 1/2 Cup	23.21
Rotini w/ Meat Sauce	35.06		Refried Beans - 3/4 Cup	34.81
Salad - Egg Chef	4.17		Seasoned Peas - 1/2 Cup	13.40
Salad - Ham & Cheese Chef	5.54		Side Salad - 1/2 Cup	2.85
Salad - Popcorn Chicken	14.64		Spinach - 1/2 Cup	7.13
Salad - Romaine & Cheese	4.67		Spinach - 3/4 Cup	10.69
Salisbury Steak w/ Gravy	8.76		Steamed Broccoli - 1/2 Cup	4.61
Sandwich - Ham & Cheese	33.50		Steamed Broccoli - 3/4 Cup	6.91
Sandwich - Turkey & Cheese	34.93		Steamed Carrots - 1/2 Cup	6.77
Sloppy Joe Melt	36.10		Steamed Carrots - 3/4 Cup	10.15
Sunbutter & Jelly	69.87		Tater Tots- 1/2 cup	16.10
Tater Tot Chicken Nachos w/ Scoops	81.91		Tater Tots - 3/4 Cup	24.14
Waffles w/ Sausage (Elementary)	29.00		Veg. Baked Beans - 1/2 Cup	29.16
Waffles w/ Sausage (Middle School)	30.00		Veg. Baked Beans - 3/4 Cup	43.73
Wrap - Cheesy	33.54			
Milks			Fruits	
Milk, White 1%	11.00		100% Apple Juice	14.00
Milk, Chocolate	20.00		100% Fruit Juice	14.00
Milk, Strawberry	22.00		100% Grape Juice	18.00
			Applesauce Cup	13.72
			Apricot Halves	14.00
			Diced Peaches	12.20
			Diced Pears	14.15
			Fresh Banana	24.11
			Fresh Green Apple	18.24
			Fresh Orange Wedges	11.74
			Fresh Red Apple	16.52
			Mixed Fruit Cup	13.00
			Pineapple Cup	18.92

High School Lunch

Entrees		Condiments	
Bacon Cheeseburger	29.66	BBQ Sauce Packet	4.00
Bagel, Cream Cheese & Cheese Plate	12.00	French Packet	3.00
BBQ Rib on a Bun	44.01	Ketchup Packet	3.00
Beef & Bean Burrito	51.31	Margarine Packet	0.00
Beef Enchilada	28.19	Mayo Packet	1.00
Beef Fajita	37.98	Mustard Packet	1.00
Beef Fiestada	39.00	Ranch Packet	1.00
Beef Soft Tacos	32.91	Syrup Packet	29.00
Black Beans	22.28	Taco Sauce Packet	1.00
Bread 1 Slice	15.00	Tarter Sauce Packet	2.00
Bread 2 Slices	30.00		
Breaded Chicken Sandwich	39.00		
Burrito - Chicken & Bean	50.27	Vegetables	
Cheese Fry Chicken Sub	56.33	Corn - 1/2 Cup	15.80
Cheese Quesadilla	50.00	Cucumber Slices - 1/2 Cup	2.62
Cheeseburger on a Bun	29.50	French Fries - 1/2 Cup	17.33
Cheesy Bacon Baked Potato	35.23	Fresh Baby Carrots - 1/2 Cup	5.84
Cheesy Baked Penne	53.61	Fresh Broccoli - 1/2 Cup	2.12
Cheesy Beef Tater Bite Burrito	45.59	Fresh Cauliflower 1/2 Cup	2.47
Chicken Carbonara	30.12	Fresh Celery Sticks - 1/2 Cup	1.84
Chicken Enchilada	27.16	Fresh Red Pepper Strips - 1/2 Cup	3.03
Chicken Fajita	36.17	Grape Tomatoes - 1/2 Cup	3.35
Chicken Mashed Potato Bowl	55.57	Green Beans - 1/2 Cup	4.49
Chicken Nuggets	12.50	Mashed Potatoes - 1/2 Cup	15.30
Chicken Quesadilla w/ Rice	30.18	Refried Beans - 1/2 Cup	23.21
Chicken Salad Platter	5.63	Seasoned Peas - 1/2 Cup	13.40
Chicken Tenders	13.00	Side Salad - 1/2 Cup	2.85
Chili Cheese Hot Dog	30.97	Steamed Broccoli - 1/2 Cup	4.61
Chili w/ Crackers	25.34	Steamed Carrots - 1/2 Cup	6.77
Corn Dog	30.00	Steamed Spinach - 1/2 Cup	3.67
Country Chicken Nugget Bowl	54.10	Tater Tots- 1/2 cup	16.10
Country Fried Steak w/ Gravy	24.83	Veg. Baked Beans - 1/2 Cup	29.16
Egg, Cheese & Goldfish Pack	21.07		
Fish & Cheese Melt	43.50		
Fish Sticks	10.00	Fruit	
Fish Sticks	24.00	100% Apple Juice	14.00
Flatbread - Alfredo, Chicken & Spinach	34.70	100% Fruit Juice	14.00
Flatbread - Chicken Ranch Club	31.52	100% Grape Juice	18.00
Flatbread - Ham, Onion & Cheese	40.80	Applesauce Cup	13.72
Grilled Honey Mustard Chicken Melt	46.50	Apricot Halves	14.00
Grilled Three Cheese Sandwich	32.00	Diced Peaches	12.20
Hamburger	29.00	Diced Pears	14.15
Hot Dog on a Bun	29.00	Fresh Banana	24.11
Hot Ham & Cheese on a Bun	30.50	Fresh Green Apple	18.24
Macaroni & Cheese	49.80	Fresh Orange Wedges	11.74
Meatball Sub on a Bun	34.10	Fresh Red Apple	16.52
Muffin, Yogurt & Cheese Plate	47.00	Mixed Fruit Cup	13.00
Muffin, Yogurt & Cheese Plate (Urbana)	45.00	Pineapple Cup	18.92
Nacho Cheese Walking Taco	31.07		
Nachos - Beef	40.14	White Milk 1%	11.00

Nachos - Chicken	38.57		Chocolate Milk	20.00
Orange Chicken w/ Rice	107.20			
Pancakes w/ Sausage	29.33			
Panini - BBQ Chicken Cheddar Flatbread	35.97		Bar	
Panini - Cheesy Chipotle	35.74		10" Tortilla	29.00
Panini - Jerk Chicken & Cheddar Flatbread	36.14		American Sliced Cheese - 1lb	1.50
Panini - Ranch Chicken & Cheese	34.12		Balsamic - 1 Tablespoon	2.00
Panini - Southwest Turkey & Cheese	36.74		Beef Salami - 1lb	0.50
Pizza - BBQ Chicken	43.36		Black Olives - 1lb	28.35
Pizza - Broccoli, Pepper & Onions	33.95		Cheddar Cheese Slices - 1lb	1.00
Pizza - Bruschetta	30.71		Cheddar Shredded Cheese - 1lb	16.00
Pizza - Buffalo Chicken	30.67		Chicken Ham - 1lb	16.00
Pizza - Cheeseburger	31.06		Creamy Caesar - 1 Tablespoon	0.50
Pizza - Chicken Macaroni & Cheese	37.96		Cucumber Slices - 1lb	16.47
Pizza - Hawaiian	33.60		Flatbread	29.00
Pizza - Pico De Gallo	31.77		French Dressing - 1 Tablespoon	4.50
Pizza - Spicy Sausage	32.72		Green Pepper Slices - 1lb	21.05
Pizza - Vegetarian Hawaiian	36.31		Hoagie	28.00
Pizza - Veggie	33.47		Honey Mustard - 1 Tablespoon	2.50
Pizza - Cheese	30.88		Italian Lite Dressing - 1 Tablespoon	1.00
Pizza - Meat Lover's	31.03		Jalapenos - 1lb	21.50
Pizza - Pepperoni	31.13		Lettuce Romaine Shredded	14.92
Pizza - Pepperoni & Jalapeno	31.82		Mozzarella Shredded Cheese - 1lb	16.00
Pizza - Sausage	31.11		Onions - Red	42.37
Pizza Sticks w/ Marinara	54.98		Onions - Yellow - 1lb	0.66
Popcorn Chicken	15.23		Pepperjack Cheese Slices - 1lb	1.00
Pretzel, Yogurt & Cheese Plate	46.00		Peppers - Banana	14.29
Rice - Santa Fe	23.56		Pickles - dill	7.67
Roll	28.00		Pork Pepperoni - 1lb	0.19
Rotin w/ Sauce	10.98		Provolone Cheese Slices - 1lb	1.00
Rotini w/ Meat Sauce	35.06		Ranch Dressing Homestyle - 1 Tablespoon	0.50
Salad - All-American Cobb	6.16		Swiss Cheese Slices - 1lb	0.00
Salad - Baha Chicken	20.51		Tomatoes sliced	17.64
Salad - Beef Nacho	22.08		Turkey - 1lb	16.00
Salad - Breaded Buffalo Chicken	15.66			
Salad - Breaded Chicken Caesar	23.02			
Salad - Buffalo Chicken	4.49			
Salad - Chicken & Cheese	3.79			
Salad - Chicken Chef	3.83			
Salad - Chicken Nachos	20.89			
Salad - Egg Chef	4.17			
Salad - Ham & Cheese	5.54			
Salad - Popcorn Chicken	14.64			
Salad - Ranch Chicken	5.08			
Salad - Romaine & Cheese	4.67			
Salad - Turkey Chef	6.49			
Salisbury Steak w/ Gravy	8.76			
Sandwich - Egg Salad	34.02			
Sandwich - Tuna Salad	31.82			
Sloppy Joe Melt	36.10			
Spicy Chicken Patty	39.00			
Spicy Popcorn Chicken	16.12			
Sriracha Crunch Cheeseburger	42.00			
Sub - Chicken Salad	32.99			
Sub - Egg Salad	34.06			

Sub - Ham & Cheese Baboom	35.37		
Sub - Ham & Pepperjack	31.50		
Sub - Ham & Swiss	31.00		
Sub - Ham & Swiss	33.04		
Sub - Tuna Salad	31.85		
Sub - Turkey & Cheese	34.96		
Sub - Turkey & Cheese BaBoom	36.30		
Sunbutter & Jelly	69.87		
Tacos - Chicken	31.67		
Tater Tot Chicken Nachos w/ Scoops	81.91		
Waffles w/ Sausage	30.00		
Wrap - BBQ Chicken & Cheese	42.86		
Wrap - Buffalo Chicken	32.55		
Wrap - Cheesy	33.54		
Wrap - Chicken Caesar	32.30		
Wrap - Chicken Honey Mustard	36.47		
Wrap - Chipotle Chicken	33.24		
Wrap - Egg Salad	35.06		
Wrap - Ham & Cheese	34.54		
Wrap - Ham & Swiss	34.04		
Wrap - Ham, Turkey & Cheese	35.25		
Wrap - Ranch Chicken	32.55		
Wrap - Southwest Chicken	33.75		
Wrap - Tuna Salad	33.56		
Wrap - Turkey & Cheese	36.32		
Wrap - Turkey Santa Fe	50.01		

ASCCP ITEMS (ALLERGY & CARBS)

					Carbs (gm)
Bagel	Wheat				29
Bagel, Jelly Packet					9
Cheddar String Cheese		Milk			0
Oatmeal Chocoalte Breakfast Bar	Wheat	Milk	Egg	Soy	47
Milk, White 1%		Milk			11
Strawberry Banana Yogurt		Milk			15
Grahams, Elf Original	Wheat			Soy	21
Blueberry Muffin Loaf	Wheat	Milk	Egg	Soy	29
Milk, Chocolate Skim		Milk			20
Fruit: Orange, Whole (138 ct)					11.74
Mozz. String Cheese		Milk			1
Juice, 100% Apple Juice 6oz					20
Chocolate Muffin Loaf	Wheat	Milk	Egg	Soy	29
Juice, 100% Fruit Punch 6oz					21
Cereal, Cheerios					20
Milk, White 1%		Milk			11
Carrots, Baby-3/4 Cup					8.76
Carrots, Ranch Packet 12gms		Milk	Egg		1
Animal Crackers	Wheat			Soy	21
Fruit: Apple, Red Whole (138 ct)					16.52
Milk, Chocolate Skim		Milk			20
Pretzels, Hartzels .7oz	Wheat				15
Cheddar String Cheese		Milk			0
Mozz. String Cheese		Milk			1
Animal Crackers	Wheat			Soy	21
Hard Boiled Egg			Egg		1
Peaches, Diced-1/2 Cup (not prepacked)					12
Milk, White 1%		Milk			11

Fruit: Banana, Whole (100-120 ct)					24.11
Juice, 100% Apple Juice 6oz					20
Grahams, Elf Original	Wheat			Soy	21
Raspberry Yogurt		Milk			15
Milk, Chocolate Skim		Milk			20
Cracker, Goldfish .75oz	Wheat	Milk			14
Juice, 100% Fruit Punch 6oz					21
Yogurt, Parfait (Pineapple)					31.87
Yogurt, Parfait (Strawberry)					26.34
Yogurt, Parfait (Blueberry)					27.13
Granola				Soy	
Yogurt, Vanilla		Milk			
Grahams, Elf Original	Wheat			Soy	21
Blueberry Muffin Loaf	Wheat	Milk	Egg	Soy	29
Milk, White 1%		Milk			11
Veg: Broccoli Fresh-3/4 Cup					3.18
Carrots, Ranch Packet 12gms		Milk	Egg		1
Mozz. String Cheese		Milk			1
Applesauce Cup (pre-packed), Cinnamon					14
Hard Boiled Egg			Egg		1
Milk, Chocolate Skim		Milk			20
Cracker, Cheez-Its .75oz	Wheat	Milk		Soy	14
Juice, 100% Fruit Punch 6oz					21
Craker, Goldfish Pretzel .75oz	Wheat	Milk			16
Juice, 100% Apple Juice 6oz					20
Pineapple Tidbits Cups					18.92
Animal Crackers	Wheat			Soy	21
Milk, White 1%		Milk			11
Fruit: Apple, Green Whole (125 ct)					18.24
Cheddar String Cheese		Milk			0
Veg: Tomatoes-3/4 Cup					5.03

Carrots, Ranch Packet 12gms		Milk	Egg	
Milk, Chocolate Skim		Milk		
Banana Chocoalte Breakfast Bar	Wheat	Milk	Egg	Soy
Juice, 100% Fruit Punch 6oz				

1
20
48
21

UECS SNACK ITEMS (ALLERGY & CARBS)

					Carbs (gm)
Bagel	Wheat				29
Bagel, Jelly Packet					9
Juice, 100% Apple Juice 4oz					14
Grahams, Elf Original	Wheat			Soy	21
Milk, White 1%		Milk			11
Apple Cinnamon Muffin Loaf	Wheat	Milk	Egg	Soy	29
Juice, 100% Orange Juice 4oz					12
Fruit: Orange, Whole (138 ct)					11.74
Milk, White 1%		Milk			11
Strawberry Banana Yogurt		Milk			15
Juice, 100% Fruit Punch 4oz					14
Cheddar String Cheese		Milk			0
Juice, 100% Grape Juice 4oz					18
Fruit: Apple, Red Whole (138 ct)					16.52
Milk, White 1%		Milk			11
Carrots, Baby-1/2 Cup					5.84
Carrots, Ranch Packet 12gms		Milk	Egg		1
Juice, 100% Apple Juice 4oz					14
Cereal, Rice Chex					24
Milk, White 1%		Milk			11
Pretzels, Heartzels .7oz	Wheat				15
Juice, 100% Orange Juice 4oz					12
Mozz. String Cheese		Milk			1
Animal Crackers	Wheat			Soy	21
Juice, 100% Fruit Punch 4oz					14
Fruit: Banana, Whole (100-120 ct)					24.11
Milk, White 1%		Milk			11
Raspberry Yogurt		Milk			15

Juice, 100% Grape Juice 4oz				
Applesauce Cup (pre-packed), Strawberry				
Milk, White 1%		Milk		
Cracker, Goldfish .75oz	Wheat	Milk		
Juice, 100% Apple Juice 4oz				
Blueberry Muffin Loaf	Wheat	Milk	Egg	Soy
Juice, 100% Orange Juice 4oz				
Cereal, Cheerios				
Milk, White 1%		Milk		
Veg: Broccoli Fresh-1/2 Cup				
Carrots, Ranch Packet 12gms		Milk	Egg	
Juice, 100% Fruit Punch 4oz				
Applesauce Cup (pre-packed), Cinnamon				
Milk, White 1%		Milk		
Cracker, Cheez-Its .75oz	Wheat	Milk		Soy
Juice, 100% Grape Juice 4oz				
Craker, Goldfish Pretzel .75oz	Wheat	Milk		
Juice, 100% Apple Juice 4oz				
Cereal, Rice Chex				
Milk, White 1%		Milk		
Fruit: Apple, Green Whole (125 ct)				
Cheddar String Cheese		Milk		
Juice, 100% Orange Juice 4oz				
Raspberry Yogurt		Milk		
Milk, White 1%		Milk		
Veg: Tomatoes-1/2 Cup				
Carrots, Ranch Packet 12gms		Milk	Egg	
Juice, 100% Fruit Punch 4oz				

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14

SUPPER SNACK ITEMS (ALLERGY & CARBS)

Entrees	Carbs (gm)	Wheat	Milk	Egg	Soy
Chocolate Muffin Loaf	29	Wheat	Milk	Egg	Soy
Cheddar String Cheese	0		Milk		
Mozz. String Cheese	1		Milk		
Cheeseburger	29.5				
Hamburger Bun		Wheat			
Burger					Soy
Cheese Slice			Milk		Soy
Ham/Cheese Wrap	34.54				
10" Tortilla		Wheat			
Ham Slices					
Cheese Slice			Milk		Soy
Chicken Tenders	13	Wheat			Soy
Bread Slice	15	Wheat			Soy
Strawberry Banana Yogurt	15		Milk		
Hard Boiled Egg	1			Egg	
Animal Crackers	21	Wheat			Soy
Corn Dog	30	Wheat		Egg	Soy
Turkey/Cheese Sandwich	34.93				
Bread Slice		Wheat			Soy
Turkey Slices					
Cheese Slice			Milk		Soy
Pizza Sticks	30	Wheat	Milk		Soy
Marinara Sauce	4.99				
Ham Chef Salad	5.54				
Ham Slices					
Hard Boil Egg				Egg	
Cheddar Cheese			Milk		
Mozzarella Cheese			Milk		
Bread Slice	15	Wheat			Soy

Vegetables	Carbs (gm)	Wheat	Milk	Egg	Soy
Broccoli Fresh-1/2 Cup	2.12				
Carrots, Baby-1/2 Cup	5.84				
Cauliflower-1/2 Cup	2.47				
Celery Sticks-1/2 Cup	1.84				
Cucumbers-1/2 Cup	2.62				
Grape Tomatoes-1/2 Cup	3.35				
Jicama Sticks-1/2 Cup	6.02				
Red Pepper Strips-1/2 Cup	3.03				

Fruits

Fruit: Apple, Green Whole (125 ct)	18.24				
Fruit: Apple, Red Whole (138 ct)	16.52				
Fruit: Banana, Whole (100-120 ct)	24.11				
Fruit: Orange, Whole (138 ct)	11.74				
Juice, 100% Apple Juice 4oz	14				
Juice, 100% Fruit Punch 4oz	14				
Juice, 100% Grape Juice 4oz	18				
Juice, 100% Orange Juice 4oz	12				
Mixed Fruit-1/2 Cup	17.89				
Peaches, Diced-1/2 Cup	12				
Pears, Diced-1/2 Cup	18.47				
Pineapple Tidbits-1/2 Cup	18.92				

Milk

Milk, White 1%	11		Milk		
Milk, Chocolate Skim	20		Milk		

Condiments

Ranch Packet 12gms	1		Milk	Egg	
Ketchup Packet 9gms	3				
Mustard Packet 6gms	1				
Mayo Packets 12gms	1			Egg	
Margarine Cup 5gms	0				

Hot Ham & Cheese	30.5				
Hamburger Bun		Wheat			
Ham Slices					
Cheese Slice			Milk		Soy
Bagel	29	Wheat			
Sunbutter Cup 2 tbsp	7.04				
Hard Boiled Egg	1			Egg	
Chicken Patty on a Bun	39				
Hamburger Bun		Wheat			
Chicken Patty		Wheat			Soy
Hard Boiled Egg	1			Egg	
Cheddar String Cheese	0		Milk		
Grahams, Elf Original	21	Wheat			Soy
Chicken Nuggets	12.5	Wheat			Soy
Bread Slice	15	Wheat			Soy
Yogurt, Parfait (Pineapple)	31.87				
Yogurt, Parfait (Strawberry)	26.34				
Yogurt, Parfait (Blueberry)	27.13				
Granola					Soy
Yogurt, Vanilla			Milk		
Animal Crackers	21	Wheat			Soy
Mozz. String Cheese	1		Milk		
Pretzel 2.2 oz	30	Wheat			
Cheese Sauce	4.5		Milk		Soy
Sunbutter Cup 2tbsp	7.04				
Blueberry Muffin Loaf	29	Wheat	Milk	Egg	Soy
Cheddar String Cheese	0		Milk		
Mozz. String Cheese	1		Milk		
Popcorn Chicken	15.23	Wheat			Soy
Bread Slice	15	Wheat			Soy
Turkey/Cheese Wrap	36.32				

