

Thought Exchange Comments

This is a sampling of the many parent and staff member comments related to elementary PE noted during the Thought Exchange surveys. Comments related to Elementary Physical Education were one of the largest areas starred during the engagement portion of the Thought Exchange process.

"I am concerned that kids are not getting enough physical activity. There was a recent article in NYT that kids that had even very short, but very regular physical breaks performed better academically." –Leal Parent/Guardian

"I would like to see the return of P.E. instructors at the elementary level. Our kids need the kind of mental and physical benefits that are gained through a knowledgeable curriculum. There is enough research to prove that this would benefit our kids now and for the rest of their lives. Classroom teachers cannot give the kind of expertise and importance that is needed." –Leal Staff Member

"Physical Education--Is there consistent, adequate time spent exercising and learning about physical health in each class?" –Leal Parent/Guardian

"Physical activity is essential for good health. Teaching, learning and practicing healthy activities will impact students throughout their life. Additionally, it could encourage students to engage in sports as they move through the secondary levels." –TP Staff Member

"No physical education in elementary school-I am very concerned that our children do not have a dedicated PE teacher teaching them about physical education. We rely on the interest of the classroom teacher in this area to offer PE time. As a child PE was when I learned about health and fitness as well as many of the sports and their rules." –TP Parent

"Lack of Physical Education teachers in elementary schools -kids need physical activity--no one questions this--we need teachers who specialize in this."
YR Parent/Guardian

"A separate P.E. teacher- I realize that there are budget limitations and it's great that Yankee Ridge remains dedicated to arts and music, but a stronger Physical Education program would be appreciated." –YR Parent/Guardian

"PE--It would be beneficial for students to receive PE instruction from a PE teacher vs. the classroom teacher. This would be especially beneficial during the winter months when students are not able to be outside for recess, lunch recess and PE." –YR Staff member

"Real PE classes taught by certified PE teachers - Enough said." – YR Parent/Guardian

"Physical education and health taught by a P.E. teacher. - There can be long-lasting effects for students who are able to learn about and develop healthy lifestyles early on in their lives." –YR Parent/Guardian